



ADVANCES IN DIABETES & OBESITY MANAGEMENT

MAY 10, 2019 | 8:00 AM – 5:00 PM

UNIVERSITY OF IOWA HOSPITALS & CLINICS
URMILA SAHAI AUDITORIUM
2117 MEDICAL EDUCATION RESEARCH FACILITY
375 NEWTON ROAD, IOWA CITY, IOWA

REGISTER ONLINE:
MEDICINE.UIOWA.EDU/CME & CLICK ON UPCOMING PROGRAMS

AGENDA

- 8:00 AM REGISTRATION/BREAKFAST
- 8:30 AM ANTONIO SANCHEZ, MD
*OBESITY AND NONALCOHOLIC FATTY LIVER DISEASE:
A CLINICAL UPDATE*
- 9:15 AM **KEYNOTE SPEAKER**
REKHA KUMAR, MD, MS
COMPREHENSIVE WEIGHT CONTROL CENTER,
WEILL CORNELL MEDICINE
ASSESSMENT AND TREATMENT OF ADULT OBESITY
- 10:15 AM BREAK
- 10:45 AM AMY PEARLMAN, MD
*LOW HANGING FRUIT: INCENTIVIZING HEALTHY HABITS
FROM A UROLOGIST'S PERSPECTIVE*
- 11:30 AM MARCELO CORREIA, MD, MSC, PHD
CLINICAL MANAGEMENT OF BARIATRIC SURGERY PATIENTS
- 12:15 PM LUNCH
- 1:15 PM SARAH WERNIMONT, MD, PHD
& RHONDA FRUHLING, MS, MHCDS, ARNP, CDE
*MANAGEMENT OF DIABETES IN PREGNANCY:
CONTROVERSIES AND BEST PRACTICES*
- 2:15 PM BRIAN O'NEILL, MD, PHD
PHARMACOTHERAPY OF DIABETES IN 2019
- 3:00 PM BREAK
- 3:30 PM YUMI IMAI, MD
*INCORPORATING ARTIFICIAL INTELLIGENCE TO
DIABETES CARE AND RETINOPATHY SCREENING*
- 4:15 PM *PANEL DISCUSSION & CASE STUDY*
- 4:45 PM *ENDING REMARKS & ADJOURNMENT*

PRESENTED BY:

THE UNIVERSITY OF IOWA
ROY J. AND LUCILLE A. CARVER COLLEGE OF MEDICINE,
DEPARTMENT OF INTERNAL MEDICINE,
DIVISION OF ENDOCRINOLOGY & METABOLISM

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THIS COURSE IS DESIGNED FOR PRIMARY CARE PHYSICIANS, PHYSICIAN ASSISTANTS, NURSE PRACTITIONERS, NURSES, CERTIFIED DIABETES EDUCATORS, AND OTHER HEALTH CARE PROVIDERS.

PURPOSE

PRIMARY CARE PROVIDERS ARE IN THE BEST POSITION TO EDUCATE, TO MOTIVATE, AND MANAGE THE HEALTH OF PATIENTS WITH DIABETES. THE PURPOSE OF THIS CONFERENCE IS TO IMPROVE KNOWLEDGE AND COMPETENCY BY DISCUSSING ISSUES SUCH AS MEDICATIONS, NUTRITION, AND PHYSICAL ACTIVITY RELATED TO OBESITY AND DIABETES.

EDUCATIONAL OBJECTIVES

UPON COMPLETION OF THIS COURSE THE LEARNER SHOULD BE ABLE TO:

- DESCRIBE THE RISK FACTORS AND PATHOGENESIS OF NONALCOHOLIC FATTY LIVER DISEASE (NAFLD)
- DISCUSS THE NATURAL HISTORY AND COMPLICATIONS OF NAFLD AND UNDERSTAND THE THERAPEUTIC OPTIONS FOR NAFLD
- DESCRIBE HOW TO ASSESS OBESITY AND EXAMINE CURRENTLY AVAILABLE THERAPIES FOR WEIGHT MANAGEMENT
- DISCUSS IMPACT OF DIABETES AND OBESITY ON MEN'S HEALTH
- EXAMINE AVAILABLE APPROACHES FOR ERECTILE DYSFUNCTION
- IDENTIFY POTENTIAL HEALTH ISSUES AFTER BARIATRIC SURGERY AND EXAMINE STRATEGIES TO IMPROVE LONG-TERM OUTCOME AFTER BARIATRIC SURGERY
- IDENTIFY COMPLICATIONS OF DIABETES DURING PREGNANCY, EXAMINE STRATEGIES TO PREVENT COMPLICATIONS, AND DISCUSS TREATMENT OPTIONS FOR GLYCEMIC CONTROL DURING PREGNANCY
- DESCRIBE HOW TO UTILIZE CURRENTLY AVAILABLE DIABETIC MEDICATIONS TO ACHIEVE OPTIMUM OUTCOMES THROUGH PERSONALIZED APPROACHES
- EXAMINE ADVANCEMENTS IN PHARMACOTHERAPY OF DIABETES
- DESCRIBE IMPORTANCE OF SCREENING FOR DIABETIC RETINOPATHY
- DISCUSS HOW TO APPLY NEWLY AVAILABLE TECHNOLOGIES FOR DIABETIC RETINOPATHY

REGISTRATION FEES

THE FEE IS \$180 FOR PHYSICIANS, \$130 FOR NURSES AND PHYSICIAN ASSISTANTS, \$100 FOR OTHER DIABETES HEALTH CARE PROFESSIONALS, AND \$50 FOR STUDENTS/RESIDENTS. ALL FEES INCLUDE REGISTRATION, INSTRUCTION AND EDUCATIONAL MATERIALS, CME AND CEU RECORDING, PARKING, BREAKFAST AND LUNCH.

SPACE IS LIMITED. WE ENCOURAGE EARLY REGISTRATION TO ENABLE US TO PROVIDE THE BEST POSSIBLE SERVICE TO PARTICIPANTS. A \$25 FEE WILL BE CHARGED FOR CANCELED REGISTRATIONS.

DETAILED CONFERENCE LOCATION AND PARKING

NEWTON ROAD PARKING RAMP: PARK ON THE WEST END OF THE RAMP AND CROSS THE STREET OVER TOWARDS THE MERF (GREEN) BUILDING. FOLLOW THE SIDEWALK UP THE SLIGHT INCLINE TOWARDS THE HOSPITAL. ENTER THE DOORS OF MERF ON THE LEFT, REGISTRATION WILL BE IN MAIN LOBBY.

IF YOU GET DISORIENTED, PLEASE CALL 319-356-4379 AND SOMEONE WILL HELP GUIDE YOU. ADDITIONAL MAPS: [HTTPS://MAPS.UIOWA.EDU/MERF](https://maps.uiowa.edu/merf)

CONTINUING EDUCATION CREDIT

THE UNIVERSITY OF IOWA ROY J. AND LUCILLE A. CARVER COLLEGE OF MEDICINE IS ACCREDITED BY THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME) TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS.

PHYSICIANS: THE UNIVERSITY OF IOWA ROY J. AND LUCILLE A. CARVER COLLEGE OF MEDICINE DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF 6.25 AMA PRA CATEGORY 1 CREDITS™. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY.

NURSES: 5.75 CONTACT HOURS WILL BE AWARDED BY UNIVERSITY OF IOWA HOSPITALS AND CLINICS DEPARTMENT OF NURSING (IBN APPROVED PROVIDER #34). PARTICIPANTS MUST ATTEND THE ENTIRE PROGRAM TO RECEIVE FULL CREDIT. QUESTIONS CONCERNING NURSING CREDITS SHOULD BE DIRECTED TO THE NURSING CLINICAL EDUCATION CENTER AT (319) 356-4304.

DETERMINATION OF EDUCATIONAL CONTENT FOR THIS PROGRAM AND THE SELECTION OF SPEAKERS ARE RESPONSIBILITIES OF THE PROGRAM DIRECTOR. FIRMS PROVIDING FINANCIAL SUPPORT DID NOT HAVE INPUT IN THESE AREAS.

EVERYONE IN A POSITION TO CONTROL THE CONTENT OF THIS EDUCATIONAL ACTIVITY WILL DISCLOSE TO THE CME PROVIDER AND TO ATTENDEES ALL RELEVANT FINANCIAL RELATIONSHIPS WITH ANY COMMERCIAL INTEREST.

DISABILITY STATEMENT

THE UNIVERSITY OF IOWA PROHIBITS DISCRIMINATION IN EMPLOYMENT, EDUCATIONAL PROGRAMS, AND ACTIVITIES ON THE BASIS OF RACE, CREED, COLOR, RELIGION, NATIONAL ORIGIN, AGE, SEX, PREGNANCY, DISABILITY, GENETIC INFORMATION, STATUS AS A U.S. VETERAN, SERVICE IN THE U.S. MILITARY, SEXUAL ORIENTATION, GENDER IDENTITY, ASSOCIATIONAL PREFERENCES, OR ANY OTHER CLASSIFICATION THAT DEPRIVES THE PERSON OF CONSIDERATION AS AN INDIVIDUAL. THE UNIVERSITY ALSO AFFIRMS ITS COMMITMENT TO PROVIDING EQUAL OPPORTUNITIES AND EQUAL ACCESS TO UNIVERSITY FACILITIES. FOR ADDITIONAL INFORMATION ON NONDISCRIMINATION POLICIES, CONTACT THE DIRECTOR, OFFICE OF EQUAL OPPORTUNITY AND DIVERSITY, THE UNIVERSITY OF IOWA, 202 JESSUP HALL, IOWA CITY, IA, 52242-1316, 319-335-0705 (VOICE), 319-335-0697 (TDD), [DIVERSITY@UIOWA.EDU](mailto:diversity@uiowa.edu).

INDIVIDUALS WITH DISABILITIES ARE ENCOURAGED TO ATTEND ALL UNIVERSITY OF IOWA SPONSORED EVENTS. IF YOU ARE A PERSON WITH A DISABILITY WHO REQUIRES AN ACCOMMODATION IN ORDER TO PARTICIPATE IN THIS PROGRAM, PLEASE CONTACT THE CONTINUING MEDICAL EDUCATION DIVISION IN ADVANCE AT 319-335-8599.